



Fit Kit

Proper bike fit is essential for comfortable, efficient riding. The Fit Kit is a collection of precision tools and data that allow us to efficiently, discreetly and precisely measure you to determine your exact frame size (seat-tube length and angle, and top-tube length) and the proper adjustments for the points where you contact your bicycle.



Ride more comfortably, with less effort and just plain faster!

If this sounds complicated, it is! However, this process will make a world of difference in your enjoyment of cycling. Fit is the key to riding efficiently on any new frame or bicycle and is HUGELY important, whether you ride for recreation, fitness or fun, or on the road or dirt.

If you're uncomfortable on your bike, suffering from numb hands, a sore rear end, a stiff neck, aching wrists or back, it's very likely that a poor bicycle fit is contributing to the problems if not causing them. cycles de ORO's trained technicians and the Fit Kit can help.

We also recommend getting fitted if you're shopping for a new bicycle and aren't sure what size is right or if you're buying a frame to build into your dream bike. Once we've measured you, you'll know the proper size, which will make it a lot easier to pick out the right bike or frame. Equally important, it will allow ruling out those models that don't fall within your fit requirements, which is a great help if you're comparing many different brands.

Fitting Sessions

We offer in-store Fit Kit fitting services to accommodate your needs. Contact us first for an appointment and plan on spending from 30 minutes to an hour in your session (depending on the service you choose). Our trained Fit Kit technicians will take your measurements and discuss your cycling goals, problems and issues.

If you're here to get measured for a new bicycle, don't forget to bring along your cycling clothes (shoes, too). You can change in our dressing room. By wearing cycling clothes, the measurements will be accurate (seams in street clothing can interfere with precise measurements).

If you're interested in being fit to your current bicycle, please bring your bike and your cycling clothes as above. We'll measure your bicycle and its components and you on it, observing your position and current setup.

Then we will fine-tune your bike for a perfect fit. We'll also make recommendations if you require different components, such as a shorter or taller stem, and install these if you wish (components are sold separately). We're sure you'll be delighted at how much more comfortable you are on your bike.

Bike Size Analysis is a professional fit prescription for the correct size bicycle, proper seat height and handlebar position. This requires some key measurements, including foot size, inseam, torso and arm length, along with questions that help determine fit considerations. This information uses our Fit Kit data and will allow us to provide our recommendation for a custom bike sizing or the best choice within stock bike models

\$30.00*

Dynamic Performance Fit Analysis allows you to get the most out of your bike (new or used). Requires many more measurements and considerations to make your bike provide the absolute best propulsion possible. In addition to having a myriad of dimensions entered into our Fit System software, you are positioned on your bike as part of a involved analytic process... Saddles, seat posts, handlebars and stems may be changed to optimize your position.** You and your bike are placed on a Kinetic trainer and our trained Fit Kit master tech will analyze and fine tune all adjustments, checking body alignment, pedaling action and discussing comfort levels as you ride. Our goal is to perfect your stroke and maximize your cycling comfort, efficiency and power output.....

\$100.00*

*\$30.00 of either service refundable with bike purchase.

** parts often need changing to achieve optimum fit, and labor and parts are an additional cost.